

Mental Health Challenges of Traditional and Pre-Licensure

Melissa I. Owen, PhD

Abstract

Mental health issues in college students are on the rise. Nursing students may experience higher stress and anxiety levels in relation to general college students, which can impact academic performance. However, limited data differentiates between traditional and accelerated students. This descriptive study will compare mental health characteristics and stressors

Purpose: Describe mental health needs in pre-licensure nursing students

Specific Aims:

1. Describe current mental health characteristics and stressors of Baccalaureate pre-licensure nursing students

1a. Describe differences between traditional first degree BSN student and accelerated 2nd degree BSN